

| Day and date | PERFORMANCE | | | |
|--------------------------|-----------------------------|--------------|-------------|-------------|
| | AM | | PM | |
| | Time | Venue | Time | Venue |
| Monday, 15 April 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 16 April 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 17 April 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 18 April 2024 | | | 5-7pm | Oakleigh |
| Friday, 19 April 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 20 April 2024 | | | | |
| Sunday, 21 April 2024 | | | | |
| Monday, 22 April 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 23 April 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 24 April 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 25 April 2024 | PUBLIC HOLIDAY - NO CLASSES | | | |
| Friday, 26 April 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 27 April 2024 | | | | |
| Sunday, 28 April 2024 | | | | |
| Monday, 29 April 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 30 April 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 1 May 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 2 May 2024 | | | 5-7pm | Oakleigh |
| Friday, 3 May 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 4 May 2024 | | | | |
| Sunday, 5 May 2024 | | | | |
| Monday, 6 May 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 7 May 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 8 May 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 9 May 2024 | | | 5-7pm | Oakleigh |
| Friday, 10 May 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 11 May 2024 | | | | |
| Sunday, 12 May 2024 | | | | |
| Monday, 13 May 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 14 May 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 15 May 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 16 May 2024 | | | 5-7pm | Oakleigh |
| Friday, 17 May 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 18 May 2024 | | | | |
| Sunday, 19 May 2024 | | | | |
| Monday, 20 May 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 21 May 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 22 May 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 23 May 2024 | | | 5-7pm | Oakleigh |
| Friday, 24 May 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 25 May 2024 | | | | |
| Sunday, 26 May 2024 | | | | |
| Monday, 27 May 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 28 May 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 29 May 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 30 May 2024 | | | 5-7pm | Oakleigh |
| Friday, 31 May 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 1 June 2024 | | | | |
| Sunday, 2 June 2024 | | | | |
| Monday, 3 June 2024 | | | 5-7pm | Oakleigh |
| Tuesday, 4 June 2024 | | | 5-7pm | Oakleigh |
| Wednesday, 5 June 2024 | 5.45-7.15am | Huntingtower | | |
| Thursday, 6 June 2024 | | | 5-7pm | Oakleigh |
| Friday, 7 June 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 8 June 2024 | | | | |
| Sunday, 9 June 2024 | | | | |
| Monday, 10 June 2024 | PUBLIC HOLIDAY - NO CLASSES | | | |
| Tuesday, 11 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Wednesday, 12 June 2024 | 5.45-7.15am | Huntingtower | 5.00-6.00pm | M50 |
| Thursday, 13 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Friday, 14 June 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 15 June 2024 | | | | |
| Sunday, 16 June 2024 | | | | |
| Monday, 17 June 2024 | | | 5.00-6.30pm | M50 |
| Tuesday, 18 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Wednesday, 19 June 2024 | 5.45-7.15am | Huntingtower | 5.00-6.00pm | M50 |
| Thursday, 20 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Friday, 21 June 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 22 June 2024 | | | | |
| Sunday, 23 June 2024 | | | | |
| Monday, 24 June 2024 | | | 5.00-6.30pm | M50 |
| Tuesday, 25 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Wednesday, 26 June 2024 | 5.45-7.15am | Huntingtower | 5.00-6.00pm | M50 |
| Thursday, 27 June 2024 | | | 4.45-6.30pm | Dryland/M50 |
| Friday, 28 June 2024 | 5.45-7.15am | Huntingtower | | |
| Saturday, 29 June 2024 | | | | |
| Sunday, 30 June 2024 | | | | |
| Monday, 1 July 2024 | BREAK - NO CLASSES | | | |
| Tuesday, 2 July 2024 | | | | |
| Wednesday, 3 July 2024 | | | | |
| Thursday, 4 July 2024 | | | | |
| Friday, 5 July 2024 | | | | |
| Saturday, 6 July 2024 | | | | |
| Sunday, 7 July 2024 | | | | |

Swimmers may attend any of the listed classes